

# VISUAL HEALING ARTS

VISUAL HEALING ARTS are powerful workshops that follow the Twelve Step model, using a variety of art materials and themes designed to enrich creativity, enhance self-discovery and promote recovery through an integrated lens.

Lynne Aubert designed and developed Art Studio in Recovery, Art in Recovery and Visual Healing Arts. These workshops are supported by Western Connecticut Mental Health Dream Makers Grant and the community. For over 30 years, Lynne has utilized her Master's Degree in Fine Art, teaching people of all ages and abilities.

*Walk-Ins are welcome and encouraged throughout the module! Make someone's night, bring a friend.*

## MEETING PLACE & TIME

FELLOWSHIP CENTER

15 Great Pasture Road

Danbury, CT. 06810

5:30 - 6:30 Children With Parents / 6:30 - 8:00 Adults

\$20 Registration Fee and \$5 Per Workshop Includes all Art Supplies and Materials

For more information call (203) 947 – 9421

### JANUARY 2019

Thursday January 3, 2019  
Thursday January 10, 2019  
Thursday January 17, 2019  
Thursday January 24, 2019  
Thursday January 31, 2019

### FEBRUARY 2019

Thursday February 7, 2019  
Thursday February 14, 2019  
Thursday February 21, 2019  
Thursday February 28, 2019

### MARCH 2019

Thursday March 7, 2019  
Thursday March 14, 2019  
Thursday March 21, 2019  
Thursday March 28, 2019

### APRIL 2019

Thursday April 4, 2019  
Thursday April 11, 2019  
Thursday April 18, 2019  
Thursday April 25, 2019

SPRING ART AND MUSIC FESTIVAL – SATURDAY APRIL 13th, 2019